

**Year of Faith**  
**Liturgical Minute No. 5**  
**Faith Penetrates the Depths of Our Spiritual Being**

The function of faith in God is not to reduce the mystery of the unknown to rational clarity, but to join the known and the unknown together into a living whole. Faith is not only choosing to conform to a creed, but it is life itself, embracing all realms of life.

Faith penetrates into the most mysterious and inaccessible depths of our spiritual being, and into the depths of God's own essence and love. Faith is the only way of opening up the true depths of reality – the reality of God, as well as our own.

Hence, the function of faith is more than to bring us into contact with the "authority of God" – or merely to teach us truths "about God." Rather, the true function of faith is to reveal what is hidden within us. Faith reveals that our unknown and yet undiscovered self actually lives in God – and that we "live and move and have our being" only under the direct light of God's merciful grace.

Major Source: Father Thomas Merton, O.C.S.O., Magnificat Year of Faith Companion